



## TASTER DAY

FOR  
THE MINISTRY OF SPIRITUAL  
DIRECTION COURSE  
2009-2011

Saturday 4<sup>th</sup> April 2009  
10.00 am to 4.00 pm

At  
St Bonaventure's Presbytery  
Egerton Road  
Bishopston  
Bristol BS7 8HP

Are you approached by others to discuss their relationship with God?

Have you been used by other people to face  
what is happening in their faith?

Are you helping another person to pray?

Do you find people asking you about God?

**If so, this may be for you.  
To book a place or for more information contact  
Sue Lloyd – 0117 9866503**

[www.spiritual-direction.co.uk](http://www.spiritual-direction.co.uk)

## SPIRITUAL DIRECTION

is accompanying another person on their spiritual journey, enabling them to listen to the movement of God's Spirit in their lives and to respond with generosity.

The aim of the course is to enable participants to deepen their own spiritual experience, and to provide them with the skills and insights needed to accompany others.

Participants will have an opportunity to:

- look at themselves and their developing spiritual life.
- familiarise themselves with tools and techniques to enable them to help others in their spiritual journey.
- explore something of the history of prayer and spirituality, and how this is relevant for Spiritual Direction today.

The course uses a variety of techniques. Participants will be expected to work with their own material and experience individually, and in small groups with a tutor.

**The Ministry of Spiritual Direction Course** is a two-year course for people to test their vocation and to develop their skills as a spiritual director. It is run by an ecumenical team, based at St Bonaventure's Presbytery, Egerton Road, Bishopston, Bristol.



St Bonaventure's Presbytery is easily accessible from the A38 and there is adequate parking next to the Presbytery in Friary Road. Bus service number 20 runs from Bristol Centre and takes approximately 20 minutes.